



## MEDICAL HISTORY

Patient Name: LAST FIRST Birthdate: \_\_\_\_\_

Name of Physician/and their specialty: \_\_\_\_\_ Phone #: \_\_\_\_\_

Date of most recent physical examination: \_\_\_\_\_ Purpose: \_\_\_\_\_

Are you aware of a change in your health in the last 24 hours (i.e. fever, chills, new cough, or diarrhea)?  YES  NO

Have you ever been hospitalized?  YES  NO

If yes, discuss: \_\_\_\_\_

### DO YOU HAVE or HAVE YOU EVER HAD:

- | <b>HEART/ BLOOD</b>   | <b>YES</b>               | <b>NO</b>                |
|---|--------------------------|--------------------------|
| 1. heart problems or cardiac stent within the past six months                   | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. history of infective endocarditis  | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. artificial heart valve, repaired heart defect (PFO)                          | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. heart pacemaker or implantable defibrillator or stent or other heart surgery | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. heart murmur, mitral valve prolapse, rheumatic or scarlet fever              | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. high or low blood pressure   | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. arrhythmia   | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. angina (chest pain)  | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. heart attack/ failure  | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. congenital heart disorder   | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. arteriosclerosis  | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. stroke (taking blood thinners)  | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. high cholesterol or taking statins  | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. other heart trouble/ disease  | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. anemia or other blood disorder  | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. bruise easily or prolonged bleeding due to a slight cut (or INR > 3.5)      | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. recent blood transfusion  | <input type="checkbox"/> | <input type="checkbox"/> |

- | <b>RESPIRATORY</b>   | <b>YES</b>               | <b>NO</b>                |
|--|--------------------------|--------------------------|
| 18. lung disease   | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. pneumonia, emphysema, shortness of breath, sarcoidosis     | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. chronic ear infections, tuberculosis, measles, chicken pox | <input type="checkbox"/> | <input type="checkbox"/> |

- | <b>AUTOIMMUNE/ BONE</b>  | <b>YES</b>               | <b>NO</b>                |
|--|--------------------------|--------------------------|
| 38. osteoporosis/osteopenia or ever taken anti-resorptive medications (e.g. bisphosphonates) | <input type="checkbox"/> | <input type="checkbox"/> |
| 39. arthritis or gout  | <input type="checkbox"/> | <input type="checkbox"/> |
| 40. autoimmune disease (e.g. rheumatoid arthritis, lupus, scleroderma)                       | <input type="checkbox"/> | <input type="checkbox"/> |
| 41. allergies (pollen/dust), hives, skin rash, hay fever                                     | <input type="checkbox"/> | <input type="checkbox"/> |
| 42. persistent swollen neck glands or lymph nodes  | <input type="checkbox"/> | <input type="checkbox"/> |
| 43. organ transplant   | <input type="checkbox"/> | <input type="checkbox"/> |
| 44. orthopedic or soft tissue implant (e.g. joint replacement, breast implant)               | <input type="checkbox"/> | <input type="checkbox"/> |
| 45. any lumps or swelling in the mouth   | <input type="checkbox"/> | <input type="checkbox"/> |
| 46. pain in jaw joint  | <input type="checkbox"/> | <input type="checkbox"/> |
| 47. cortisone/steroid therapy  | <input type="checkbox"/> | <input type="checkbox"/> |

- | <b>CANCER</b>  | <b>YES</b>               | <b>NO</b>                |
|--|--------------------------|--------------------------|
| 48. tumor/ abnormal growth   | <input type="checkbox"/> | <input type="checkbox"/> |
| 49. X-ray treatments (radiation), chemotherapy or immunosuppressive medication | <input type="checkbox"/> | <input type="checkbox"/> |

- | <b>INFECTION</b>  | <b>YES</b>               | <b>NO</b>                |
|---|--------------------------|--------------------------|
| 50. viral (e.g. herpes, cold sores) or bacterial (e.g. Lyme disease) infections | <input type="checkbox"/> | <input type="checkbox"/> |
| 51. STI / STD / HPV   | <input type="checkbox"/> | <input type="checkbox"/> |
| 52. hepatitis (type _____ )   | <input type="checkbox"/> | <input type="checkbox"/> |
| 53. HIV Positive/ AIDS  | <input type="checkbox"/> | <input type="checkbox"/> |

- | <b>NEUROLOGICAL/ HEAD</b> | <b>YES</b>               | <b>NO</b>                |
|---------------------------|--------------------------|--------------------------|
| 54. glaucoma              | <input type="checkbox"/> | <input type="checkbox"/> |

- 21. breathing problems (e.g. asthma, stuffy nose, sinus congestion); sinus trouble; deviated septum
- 22. mouth breather or tongue tie
- 23. sleep problems (e.g. sleep apnea, snoring, insomnia, restless sleep, daytime sleepiness, bed wetting)
- 24. frequent cough
- 25. vertigo

**LIVER/ KIDNEY/ ENDOCRINE** **YES NO**

- 26. kidney disease or renal dialysis
- 27. liver disease or jaundice
- 28. thyroid disease, parathyroid disease or calcium deficiency
- 29. hormone deficiency or imbalance (e.g. polycystic ovarian syndrome)
- 30. diabetes (HbA1c = \_\_\_\_\_ )
- 31. excessive thirst
- 32. hypoglycemia
- 33. prostate disorders

**GASTRO-INTESTINAL** **YES NO**

- 34. stomach or duodenal ulcer
- 35. digestive or eating disorders (e.g. gastric reflux, bulimia, anorexia, celiac disease, Chron's disease or inflammatory bowel disease)
- 36. hernia
- 37. recent weight loss

- 55. contact lenses
- 56. head or neck injuries
- 57. epilepsy, convulsions (seizures)
- 58. fainting or dizziness
- 59. neurologic disorders (e.g. Alzheimer's disease, dementia, prion disease)
- 60. migraines or frequent headaches
- 61. difficulties with stress management
- 62. nervousness
- 63. emotional difficulties
- 64. psychiatric treatment, antidepressants, mood stabilizing medications
- 65. concentration problems or ADD/ ADHD

**ARE YOU** **YES NO**

- 66. taking dietary supplements, vitamins, and/or probiotics
- 67. often exhausted or fatigued
- 68. experiencing frequent headaches or chronic pain

**Any other medical conditions not checked above?**

YES  NO If yes, discuss:

**List all medications, supplements, and or vitamins taken within the last two years.**

Please list the purpose or reason for taking each medication you have entered below.

**\*\*EXISTING PATIENTS\*\*** Check the box next to any medication no longer being taken.

- |                             |       |                              |       |
|-----------------------------|-------|------------------------------|-------|
| 1. <input type="checkbox"/> | _____ | 6. <input type="checkbox"/>  | _____ |
| 2. <input type="checkbox"/> | _____ | 7. <input type="checkbox"/>  | _____ |
| 3. <input type="checkbox"/> | _____ | 8. <input type="checkbox"/>  | _____ |
| 4. <input type="checkbox"/> | _____ | 9. <input type="checkbox"/>  | _____ |
| 5. <input type="checkbox"/> | _____ | 10. <input type="checkbox"/> | _____ |

Please list any additional medications and their purposes.

**Have you had an allergic reaction to:**

- Penicillin    Erythromycin    Tetracycline  
 Aspirin    Acetaminophen    Ibuprofen    Codeine    Sulfa    Local Anesthetic  
 Acrylic    Fluoride    Food    Latex    Metals (Nickel, Gold, Silver)    Red Dye  
 Other: \_\_\_\_\_

**Women** (please check):  Pregnant/ trying to get pregnant    Nursing    Taking oral contraceptives?

**Social Habits**

Do you use tobacco in any form?    YES    NO

If so, what type? \_\_\_\_\_ How much/ many packs per day? \_\_\_\_\_

Do you use recreational drugs?    YES    NO

If so, which ones and how much? \_\_\_\_\_

Number of sodas or sweet drinks per day? \_\_\_\_\_ Number of alcoholic drinks per week? \_\_\_\_\_

**PLEASE ADVISE US IN THE FUTURE OF ANY CHANGE IN YOUR MEDICAL HISTORY OR ANY MEDICATIONS YOU MAY BE TAKING.**

To the best of my knowledge, all of the preceding answers are correct. If I have any changes in my health status or if my medicines change, I shall inform the dentist and staff at the next visit without fail.

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Doctor Signature

\_\_\_\_\_  
Relationship to Patient